



Women's & Men's Health

Prevention saves lives!

This May and June, raise awareness of preventable health problems and encourage early detection and treatment of disease for the women and men in your workforce.

Plan **“Wear Pink”** or **“Wear Blue”** events and distribute Preventive Screening Cards.

Download free resources and workplace posters at:
www.womenshealth.gov/whw and www.menshealthmonth.org

Women's Health - May Promotion

Bone Density Screening

Available weekdays, May 2—May 31

Company pay option: \$285.00 per hour
Employee pay option: \$30.00 per person
(Minimum: 10 employees per hour for self-pay;
company is responsible for minimum if not met)

Screening preparation: Screening involves a scan of the heel bone. Participants must have a bare foot.

Men's Health - June Promotion

PSA Screening

Available weekdays, June 1—June 30

Company pay or employee self-pay:
\$41.00 per person
(Minimum: 6 employees per nurse per hour;
company is responsible for minimum if not met)

Screening preparation: Prostate Cancer Antigen (PSA) screening involves an intravenous blood draw. Fasting is not necessary.

Ask for details on pairing the above screenings with a lunchtime seminar on “Healthy Aging.”

To schedule, contact:
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